

8TH FLOOR

8 REASONS TO STAY AT AETHOS SARAGANO

 SARAGANO, ITALY

1. LIVE THE ITALIAN VILLAGE DREAM

An Albergo Diffuso concept where guests experience authentic village life, staying in beautifully restored houses nestled within the historic village of Saragano.

2. TRUE CONNECTION WITH LOCAL CULTURE

Interact with local residents and immerse yourself in traditional Italian life — from casual conversations in the piazza to learning family recipes.

3. TRUFFLE HUNTING & COOKING CLASSES

Go truffle hunting in the Umbrian hills and join Chef Delfina, a Saragano local, for hands-on cooking classes celebrating regional flavors.

4. PERFECT RETREAT FOR RECONNECTION

An ideal setting to disconnect from the modern world, offering tranquility, slow living, and a deep connection with nature.

5. SURROUNDED BY NATURE

Located in the heart of Umbria, the hotel is encircled by vineyards, olive groves, and rolling countryside, offering stunning views and peaceful walks.

6. WELLNESS IN SIMPLICITY

A serene environment perfect for yoga, meditation, and mindfulness retreats, with outdoor spaces that invite stillness and reflection.

7. AUTHENTIC UMBRIAN STYLE ACCOMMODATION

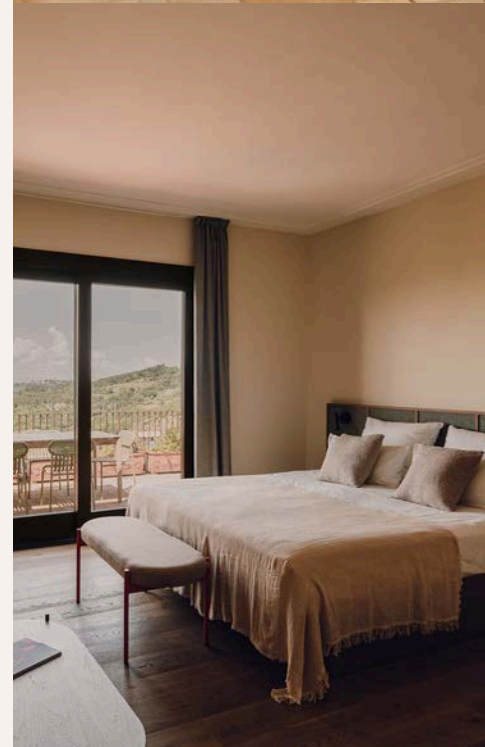
20 fully renovated rooms and apartments with rustic elegance and panoramic views, designed with traditional materials and handcrafted details.

8. THE ART OF SLOW TRAVEL

Aethos Saragano offers the rare luxury of time — to slow down, savor wine under the stars, read by the fireplace, and truly embrace la dolce vita.

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<https://www.aethos.com/destinations/saragano>



For reservations contact: sales@8th-floor.com