

The image shows a modern lounge interior with large windows and indoor plants. The space is furnished with light green and white sofas, dark blue armchairs, and a wooden coffee table. A large potted plant is visible on the left, and a smaller one is on the right. The floor is covered with a patterned rug. The ceiling has exposed wooden beams. The overall atmosphere is warm and contemporary.

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Set in the heart of the Navigli district, Aethos Milan is a premium boutique hotel located just steps from the Darsena. The property blends residential comfort with a distinct modernist aesthetic, making it an ideal base for those seeking a secluded and comfortable oasis a short distance from the city center.

The 35 uniquely designed rooms and suites feature curated vintage furniture and original décor, offering guests a private, personalised sanctuary. With versatile social venues, including the private courtyard and the acclaimed “The Doping” Bar, the hotel provides ideal spaces for socializing, networking, and private events

	35 rooms and suites		The Doping – awarded Top 50 best bars in Europe
	25 sqm to 85 sqm		Indoor and outdoor event spaces
	Located in Navigli District - 15 min walking to Duomo Milan		Event spaces with capacity up to 200 pax
	40 min from Malpensa Airport / 20 min from Linate		20 minutes from Milan Central Station





ROOMS

The 35 renovated rooms and suites range from 25 sqm to 75 sqm, combining a warm modernist aesthetic with original vintage décor.

They offer premium accommodation that delivers both comfortable design and high-end functionality.



ROOMS AND SUITES



CIMA is the hotel's main restaurant focused on Italian classic in a modern interpretation.

The versatile, linear space can be tailored to various setups, comfortably accommodating up to 60 guests for a private sit-down dinner or a vibrant standing cocktail reception.



	70
	45
	100

THE DOPING



Awarded as one of the 50 best bars in Europe

The Doping Bar is a premium 100 sqm venue featuring a dedicated private entrance and a distinctive, upscale speakeasy aesthetic.

Renowned for its world-class mixology, the Doping is a versatile social space where guests can savour deliciously unusual cocktails, dine in a relaxed environment, and enjoy the accompanying jazzy background music with regular live performances

	250
	130
	250



The gym at Aethos Milan is a premium fitness facility designed to provide a high-end training environment for hotel guests and private members. Featuring state-of-the-art equipment and a sophisticated Milanese design, the space delivers a luxury approach to health and well-being.

The facility offers custom bespoke training programmes and dynamic group classes led by expert trainers.



OUR SPACES



	RESTAURANT	CAFE	LOUNGE	THE DOPING	TERRACE	PERGOLA
SEATED	50	15	20	80	40	100
STANDING	100	25	40	120	60	60
SQM	60	60	60	100	100	100
LOCATION	Indoors	Indoors	Indoors	Indoors	Convertible	Outdoors

- **Bottomless Brunch:** Our bi-monthly Sunday social at The Doping Bar. A blend of fluid hospitality, creative culinary plates, and live vinyl sets. The perfect ritual for those who prefer their afternoons unhurried.
- **The Mix:** The signature social mixer for the Aethos community. Designed to bridge the gap between professional networking and social leisure, these evenings are defined by curated introductions and high-altitude mixology.
- **Listening Sessions:** A sanctuary for analog purists. In collaboration with high-end audio partners, we host deep-listening nights featuring handcrafted sound systems and hand-picked vinyl collections. No noise, just essence.
- **Club Programming:** Beyond the recurring rituals, we host a calendar of intimate talks, wellness workouts for our hotel guests (yoga, pilates), and community events designed to inspire our members and guests alike.



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Thank you.